

## **HEALTH ASSESSMENTS**

### Policy

The Trumbull Board of Education and Connecticut General Statute 10-204a require pupils to have health assessments, including adequate age appropriate immunizations, conducted by a legally qualified practitioner of medicine.

The Board of Education shall provide health assessments and appropriate immunizations without charge to all pupils whose parents or guardians meet the income eligibility requirements for free and reduced price meals.

Adopted: 04/07/81

Approved Revision: 05/20/86, 01/07/92

Approved Revision: 05/20/03, 08/02/04

Approved Revision: 10/02/07

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1. The parents or guardian of a pupil enrolling in the Trumbull Public Schools will be informed of this policy in writing at the time of registration and will be provided with the State of Connecticut Department of Education Health Assessment Record Form.
2. Each pupil, before initial enrollment in the Trumbull Public Schools shall have had a health assessment within the preceding year if transferring from within the State of Connecticut. Each student transferring from out of the State of Connecticut shall produce a cumulative health record or certified true copy from the previous school district. In either case, such records, to include a new physical examination, must be provided before commencing classes, but in no case later than 30 days of enrollment in order to continue in the Trumbull Public Schools.
3. All other students continuing in district shall have a health assessment at least once in each three year interval: in grade three, grade six, and in grade nine. The procedure for the completion of the health assessment requirements is as follows:
  - a. In May of each school year, principals will send to the parents or guardians of all pupils in grades two, five, and eight a written notice informing them of the health assessment policy and immunization requirements. Health assessment forms are available in each school.
  - b. By January 31<sup>st</sup> of each school year, principals will send a letter to the parents and guardians of pupils in grades three, six and nine reminding them of this policy and that the student may not attend classes after June 1<sup>st</sup> if the health assessment requirements have not been met.
4. The health assessment shall include:
  - a. Physical examination, including hematocrit or hemoglobin tests, height, weight and blood pressure.
  - b. Adequate age appropriate immunizations against hepatitis B, varicella, H influenzae, diphtheria, tetanus, poliomyelitis, measles and rubella or a schedule of immunization acceptable to the administration.
  - c. Vision, hearing, speech (at assessment prior to enrollment), postural and gross dental screenings.
  - d. Such other information including health and developmental history as the physician feels is necessary and appropriate.
5. A student may be exempt from the immunization requirement if s/he:
  - a. presents a certificate from a physician, approved by the School Medical Advisor, certifying that such immunization is medically contraindicated because of the physical condition of the student;
  - b. presents a written statement from the parent or guardian that such immunization would be contrary to the religious beliefs of the student;

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- c. provides a laboratory statement that the student has had a confirmed case of measles and/or rubella;
  - d. has passed the twelfth birthday or presents a certificate from a physician stating that rubella immunization is not to be given;
  - e. has passed the sixth birthday or presents a certificate from a physician stating that pertussis immunization is not to be given.
6. For those students who are eligible to have their health assessments provided by the Board of Education, such assessment shall be made in the presence of the parent/guardian or in the presence of another school representative. The parent/guardian shall receive prior written notice and shall have reasonable opportunity to be present.
  7. In addition to the mandated health assessments performed at the grade levels described above, screenings shall be performed by school nurses or their designee as separate regularly scheduled procedures.  
Vision screening – annually (K-6 and 9)  
Audiometric screening - grades K- three inclusive and grades five and eight  
Postural screening – grades five – nine inclusive
  8. The results of the health assessments, screening and the results of further tests or treatment provided as a result of screenings or assessments shall be recorded on a standard health form which shall be kept on file in the nurse's office of the school the pupil attends.
  9. Where the results of a pupil's health assessment or screening indicate a health problem that may affect educational progress of such pupil, the pupil's teacher (s) and other appropriate school personnel shall be informed.
  10. Where the results of a pupil's health assessment or screening indicate that a pupil is in need of further testing or treatment, the parents or guardians shall be notified.

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Approved Revision: 10/02/07

Reference

- Connecticut General Statutes, Section 10-204, 10-204a, and 10-206.
- Trumbull Board of Education policies:  
Appointment of Physicians, Policy Code: GDA